

VOICE OF THE RESIDENTS

VOL. XIV, No. 8

BROADMEAD, COCKEYSVILLE, MD

APRIL 1993

POETS, SPRINGTIME AND TRAIL-WALKERS

"For lo! the winter is past," and we're ready for spring. In his song, Solomon mentions the singing of birds, the rose of Sharon, and the lily of the valley, but he is writing a love song. When he calls on his fair one to rise up and come away, he doesn't have a hike on his mind.

"Spring, the sweet spring, is the year's pleasant king," writes poet Thomas Nash. He is evidently a birder, as he ends his verse with birdcalls: "Cuckoo, jug-jug, pu-we, to witta-woo." Bird-watchers don't really walk; sometimes they don't even move for 10 or 15 minutes at a stretch.

Wordsworth doesn't hike exactly. He wanders. By himself, by the lake, he admires daffodils in quantity. He can't linger to enjoy them, however, because he has to hurry home to be a poet and write that the memory of the daffodils is going to be greater than the actual sight.

For A.E.Housman, on the other hand, seeing is all. At age 20, he knows that even if he lives to be threescore and ten, 50 more springs will not be enough to "look at things in bloom." And so, he says,

"About the woodlands I will go
To see the cherry hung with
snow" (i.e., white blossoms).

Now he could have been a trail-walker. For day after lovely day in early spring, we will be out there on the trails, looking for hepatica and bloodroot, watching fern uncurl, spotting shadbush and dogwood tree.

Welcome, sweet springtime.
- Sarah Cooper

RESCUED!

You'd have thought I hadn't eaten in weeks. You'd have thought there wasn't enough food in the kitchen to keep me alive for weeks, not to mention the reserves of fat in all the wrong places! But on that frozen Sunday, the sight of Doug Bareis and Barnard Quinn in the Broadmead pickup, with their cargo of Care packages, was like a lost skier's reprieve. Two choices of entrees, no less! Roughing it at Broadmead is really tough! - RWB



The Trail, as seen through the eye of Martha Cooper's camera. (She's Sarah's daughter.)

BROADMEAD WELCOMES

DeLANCEY and ELIZABETH "Betty"
(Wells) OBER B-16 771-0211
February 1993

Del Ober is a native Baltimore-an who attended Episcopal Prep School and the University of Virginia. Betty was born in Syracuse, NY, but came to Baltimore as a child, attended the Roland Park School and went to Western High School and then to business school.

Del spent five years in military service, starting with the National Guard and ending World War II as a major in the Signal Corps. He spent more than 40 years with the telephone company and, after retirement, worked briefly with an engineering company and then with buildings and grounds at the Church of the Redeemer. (Ernie Hanhart take note!)

The Obers have three children: a daughter living near Frederick, MD, and two sons, one living in Hopewell, NJ, the other in Baltimore. They have five grandchildren. Del is active with the Society of Colonial Wars in the State of Maryland and the Sons of the Revolution in Maryland. Betty is a member of the board of directors of Pickersgill Home in Towson and is active at the Church of the Redeemer. They both enjoy outdoor activity, such as skiing, and Del likes to hunt, fish, bicycle and swim. Betty plays tennis and golf and enjoys walking and gardening. They both play bridge and like people. Del expresses interest in the Wood Shop and Betty in the art classes, as soon as they settle in.

B.R.A.F.

Are you family and friends aware of your support for BRAF as an expression of love and concern for your fellow Residents?

ELIZABETH "Betsy" (Williams) GILMORE
(Mrs. Kirk) G-9 527-1772 March '93

Betsy was born in Pittsburgh, has some Quaker ancestry, spent most of her married life in Cleveland with her late banker-husband, and comes to Broadmead from Charlottesville, VA, where she has most recently been serving as a hostess at Monticello and assisting in the gift shop, as well as helping with flower arranging. She is a graduate of Sweetbriar College and has been an avid tennis player for many years. She has one daughter who lives in Baltimore.

Betsy has been a "professional volunteer" for most of her life and served as the chairman of the building committee for the Case Western Reserve herb garden, the largest in the U.S. until the National Herb Garden was built. While she has many interests, she'd just like to become acquainted with Broadmead before participating in our activities.

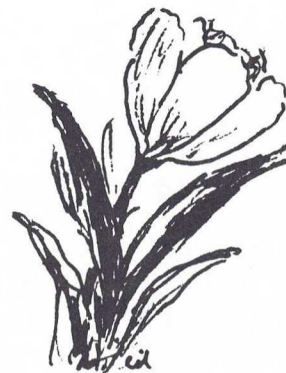
- Betsy Griffin

In Memoriam

MALCOLM H. DILL
February 11, 1899 - February 24, 1993

THEODORE E. BAKER
August 20, 1907 - March 7, 1993

RUSSELL F. SCHUMACHER
December 18, 1923 - March 15, 1993



IT'S OUR COUNTY

At the Open Forum on February 18th, C.S. "Dutch" Ruppertsberger, Chairman of the Baltimore County Council, discussed the current financial problems of the county and certain environmental matters.

Mr. Ruppertsberger has represented Baltimore County's Third Councilmanic District since 1985 and has been chairman since January 1, 1993. His district has 53% of the county's land area, including 80% of its agricultural land. Although largely a rural district, it also contains the largest population, due to the inclusion of the heavily populated areas of Hunt Valley, Owings Mills, and the Reisterstown Road and York Road (Timonium-Cockeysville sections) corridors. Changes in district lines, which will go into effect after the next election, will result in a decrease of the land area and bring the population into line with the other six districts. Broadmead will remain in the third.

After excessive government spending in the '80's, a "tax-payers' revolt" in 1990 brought into power a new county executive and five new members of the seven-member council, all committed to downsizing government (not raising taxes and shrinking departments and services). These actions brought numerous difficulties in managing such basic functions as education, fire and police services, social and health programs and local roads. During the same period, the federal government cut 75 to 80% of the funds previously furnished for new programs.

In addition, state aid was reduced by \$36.3 million for the 1992 fiscal year and by \$17 million for '93. These reductions brought job freezes and layoffs. In 1992, the "piggy-back" tax was raised from 50 to 55% to offset some of

the problems, and a portion of this increase was earmarked to supplement funds for police and fire protection, for the Emergency Medical Service and to establish a reserve fund.

To meet the requirements of the county's '94 budget, additional reductions in personnel and services have been initiated. Although causing governance problems and hardships at the present time, this continuing downsizing should lead to a leaner, more efficient government.

Of particular interest to Mr. Ruppertsberger is the effective application of the "Master Plan - 1989-2000" (an overall plan for development), which has strong environmental requirements. With so much rural area in his district, he is committed to the preservation and protection of the open spaces.

During his term in office, he has not allowed rezoning in these rural areas and has encouraged the state's Agricultural Preservation Program, which helps farmers financially so that they may stay on their land. He has promoted the Hereford Rural Town Center Plan, and he favors the development of "growth centers," such as White Marsh and Owings Mills, as they take pressure off rural areas by concentrating commercial development with its extensive infrastructure.

The zoning change necessary for the proposed 3000-unit subdivision on the land to our north was denied by the Council on Mr. Ruppertsberger's initiative.

He then touched on a variety of matters:

- . . . plans for the conservation of established neighborhoods are being implemented;
- . . . affordable housing (which is not subsidized) is essential to reducing migration of middle and lower income people from the county; a recently approved bond

issue will move this project forward and should be available in neighborhoods where people have "grown up"; more affordable housing for seniors is needed;

. . . the state government mandates such actions as capping landfills and constructing new schools, but does not furnish the money;

. . . plans for the extension of the light rail line to Hunt Valley have been approved;

. . . "government does not exist to give people jobs, but does exist to give them services."

- Julie Metcalf



"Dutch" Ruppertsberger with friends, Whitty Cuniggim, Co-chairman of the Open Forum, and Julie Metcalf.

COMMUNITY SERVICE

Too often, of late, "community service" carries a judicial connotation -- a sentence for misdeeds. But not at Broadmead. Here it means service to others, voluntarily and happily given.

Recently, we were all asked to set down in writing our volunteer services to every facet of community life. These encompass the Residents Association activities and functions, as well as assistance to the Administration and Health Services.

We are indebted to Kathaleen Kennedy for compiling data gleaned from the responses. Her statistics, in very abbreviated form, appear below.

205 questionnaires were returned, reflecting 632 individual services of one sort or another. (Some of us wear several hats.) No attempt was made to calculate hours served, but it doesn't take a CPA to recognize that there are thousands of hours here -- all representing vital work in and for the place we call home. (Dare we put a dollar amount on them?)

Kathaleen has divided these services into the following categories:

Residents Association Organization and Special Functions, including the Board of Directors, BRAF, Standing Committees and such important communications as the Bulletin Board.

Services, Operations and Committees: such diverse activities as the Voice, the Library, the Nature Trail, the Wood Shop and Health Care.

Other Services, some of which are joint Administrative and Resident committees, including Medical Transportation and the Pastoral Committee. Also included in this category are East Hall exhibits and the Reception Desk.

Not surprisingly, the greatest number of Residents are represented in the Service, Operations and Committees category -- 446. 116 give their talents to the Association affairs. We should be very proud of ourselves for all these volunteer hours, and feel secure, too, knowing that we're looking after each other. - RWB

BARN SALE
BIGWIGS:
KATHALEEN
KENNEDY &
VIVIAN CORD



DR. JAMES LYNCH SPEAKS:
"MIND-BODY CONNECTION"

"You and I exist only in dialogue; we form our self-concepts through dialogue with another person. When a person whom we love dies, we lose not only that person but the self we established in dialogue with that person."

The risk of death to a man who loses a beloved partner increases two to 20 times. Women are less vulnerable at the death of a partner, and old people fare better than the young, Dr. Lynch says.

"Listening - attending outside yourself is the key to good health. Thus, in dialogue, we are in health - in monologue we become sick."

Dr. Lynch uses biofeedback in treating hypertension. The patient's blood pressure is automatically measured minute by minute. Pressure changes as much as 50% within 30 seconds: it rises when we speak - lowers when we listen to the "other." Dialogue is invitational. We may have trouble communicating because we fear rejection. (If I don't like me, how can I invite you in?)

"Our most important life force is with each other." We who live at Broadmead are in better health - less prone to heart attack - because we here are "in dialogue" with people we love.

Studies of survival rates after heart attack demonstrate that a pet can help. A "Sixty Minutes" video of Dr. Lynch's patients at Johns Hopkins shows dramatic drops in blood pressure when they are given a puppy to hold. A charming portion of the tape is of his little girl reading aloud (which raises blood pressure) and the sharp lowering of pressure when her dog climbed into her lap.

-Phyllis Tyler



Dr. Lynch and Paula Balser, Chairman of the Health Care Committee, under whose auspices the March 4th lecture was presented.

THE PASTORAL COMMITTEE

One of the less known committees at Broadmead is the Pastoral Committee. The Committee, which has been meeting for five years, is not associated with either the Residents Association or Administration but is made up of Residents and Staff who wish to quietly address the religious needs of Residents at Broadmead. Residents, having chosen Broadmead as their home, represent widely diversified backgrounds and interests. Since the opening of Broadmead, thought and attention have been given to providing programs and activities which add to the richness of life for the people who live here.

Residents, at one time, had expressed a desire for a Sunday religious service, not directed to a particular faith or denomination, but a time when those who wish could participate in a period of worship. The Vesper Services, enjoyed each month by so many, was established by the Pastoral Committee to help fulfill this need.

Clergy from local churches are invited to preside during these

services, and there has been a wonderful response to the many different religions represented. If you have a suggestion for a cleric you would like to have invited for a Vesper Service, please contact Virginia Tinley: C-5 (527-1361). If you have any questions or other suggestions for the Committee, please send a note or speak to a member of the Pastoral Committee. And if you have not yet attended a Vesper Service, please join the group some Sunday; we know you will enjoy the experience.

- Pat Rodak



"MENCKEN AND SARA"

Marion Elizabeth Rodgers, Goucher '81, Mencken scholar and editor of two well-received books, Mencken and Sara: a Life in Letters (McGraw-Hill, 1987) and The Impossible Mr. Mencken: a Selection of his Best Newspaper Stories (Doubleday, 1991), caught and held the February 27th audience. A Resident commented that the talk combined "brains, brevity and beautiful organization." Indeed, it was short and sweet, often humorous. Possibly too short, judging from the positive reaction of the audience.

Ms. Rodgers became involved with HLM and Sara Haardt when she literally stumbled over boxes housed in the Rare Book Room of the Goucher Library. 'Though they were labeled "NOT TO BE OPENED UNTIL 1981," the young senior-honors student noted that they had been opened. This was 1981! Her curiosity drove her to investigate. Here were 700 letters covering the courtship (1923-29) and marriage (1930-35) of America's Number One newspaper man, author, editor, perennial bachelor, and the Alabama belle turned aspiring novelist. They met when Mencken lectured to an English class at Goucher. The subject, "How to Catch a Husband,"

proved prophetic. Sara, Goucher '20, English instructor and 18 years his junior, was in the audience.

In the graceful and rich introduction to her book, as well as in her talk, Ms. Rodgers tells the audience: "These are love letters, yet in each case neither the sender nor the recipient held a particularly high regard for love, and on the subject of marriage both had been cynical." "If I ever marry, it will be a sudden impulse, as a man shoots himself," Mencken once stated. And Sara had written: "Of course, marriage is a career, but it isn't life; it isn't everything."

After a seven year courtship, during which Mencken learned that Sara had only a few years to live, they married. Mencken vowed to make her happy. The "Bad Boy of Baltimore" became a model husband. Sara's frequent expression of her feelings for him, "I love you, love you," leave little doubt that he had. On the fifth anniversary of her death, HLM wrote in his now-published journal: "It is a literal fact that I still think of Sara every day of my life and almost every hour of the day."

Mencken and Sara is available in the Broadmead Library.

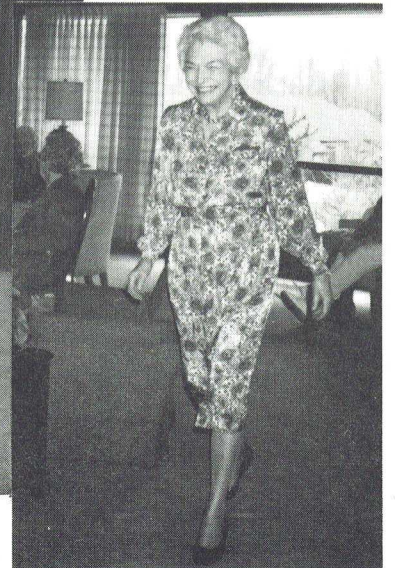
- Sara Siebert
P.S. Ms. Rodgers is writing a biography of Mencken, and she would appreciate any anecdotes or material anyone may have about either of these two or friends of theirs, "no matter how insignificant." Sara Siebert will be happy to send any contributions to Ms. Rodgers.

B.R.A.F.

Memorial giving is an important source of funds for the Broadmead Residents Assistance Fund (BRAAF). Do include the name of the person remembered.



WELCOME SPRING





CAROLINE P. STEWART, Soprano
ERIC MACHANIC, Piano

A most unusual day? Well, a wonderful afternoon, with a score of enjoyable songs performed with great talent and vigor by two accomplished young musicians.

Caroline Stewart's voice, which has a great range, plus her stage presence, easily held the attention of the audience in the first part of the February 28th program, which ranged from Pergolesi to Copland.

After a five minute break - and a change of costume - Caroline emerged, assuming a modern stage presence and performing songs from the latest musicals, "Phantom of the Opera," "Les Miserables" and "Mack and Mabel."

Eric Machanic created the perfect background music for all this, so that the soprano performed at her best. Such accompaniment is an art in itself.

We thank Elayne Duke and the Rosa Ponselle Foundation for helping and promoting such young artists. We wish Caroline and Eric good fortune.

-Harry Jones



NANETTE BUTLER SHANNON, Piano

Nanette Butler Shannon, young pianist and teacher, is an old friend of Broadmead. Her recent, well-attended music appreciation course on Chopin was excellently presented. And in her Sunday afternoon recital, virtuoso talent was displayed in the playing of classical selections by Scarlatti, Liszt and Chopin.

The longest work of the afternoon was "Blue Ridge Airs 1" composed in 1988 by Frazelle. This was an atonal conglomerate of folk-songs in which a recognizable Tom Dooley was resurrected in the end. Although many of the audience said, "No, No, Nanette," the performance was given a polite reception. Perhaps, as suggested by Harry Jones, if this idiom were presented more often, eventual appreciation might be developed.

- B-flat



REMINDER: DAYLIGHT SAVINGS
TIME BEGINS SUNDAY, APRIL 4.
SET CLOCKS FORWARD!

ANONYMITY

Recently, we received an item about Pot Spring Road, which we consider newsworthy. However, it was unsigned. Even if we do not print (at the writer's request) his or her name, we cannot accept anonymous contributions. Anyone want to 'fess up? We'd love to use your piece. - RWB

B.R.A.F.

Have you considered remembering the Broadmead Residents Assistance Fund (BRAAF) in your will? An excellent way to express your love and concern for fellow Residents.

DEADLINE FOR MAY ISSUE
APRIL 12

APRIL-MAY BIRD AND NATURE PROGRAMS

Open the door to spring;
let all your senses welcome it.

Watch its greens emerge, listen to its fluid songs, inhale its special fragrances, feel its different textures and, for memory's sake, savor once again the sweetness of a drop of honeysuckle nectar.

To enhance those pleasures, join the Bird Walks on Saturday mornings and the Wildflower Walks on Thursday afternoons. Some will be on campus, others elsewhere.

On Tuesday mornings in the Seminar Room there will be "Classes" in the identification of Birds and their Songs with slides and recordings.

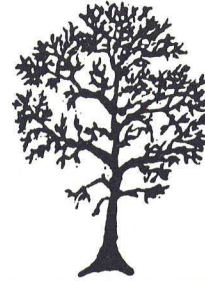
"Short-notice" events, which cannot be scheduled far ahead, include a Bluebird Walk, Bird Banding Demonstration, Evening Bird Song walk and possibly others.

It is important, therefore, to keep an eye on the Bird and Nature calendars posted on the Bulletin Board. A few may require your signing up. Do check the schedules frequently for additions or changes, especially the day before the walk.

These programs are designed for your enjoyment. You may be a beginner or an expert, you may come to learn something new or to refresh your memory or just to be outdoors. Come when you can, but remember as the season progresses there will be new sights and sounds each week.

Meanwhile, please continue to record your bird and other animal, vegetable and mineral observations on the Bulletin Board pad. They are interesting and contribute to Broadmead's natural history records. Call me if you have any questions.

- Nancy Rowe



RECYCLING UPDATE

It has been just one year since a small container was attached to the recycled paper bin (near the reception desk) for receipt of used small batteries from flashlights, recorders, watches, hearing aids, etc. Residents can take pride in knowing that over 61 pounds of toxic-containing batteries have been kept out of a landfill.

A very hopeful development in reducing waste is the German experiment mandating that manufacturers take back all packaging materials sold with their products. Manufacturers thus save money by reducing packaging and making sure that what is necessary is recyclable. It seems to work. Everyone benefits.

It is gratifying to note that Maryland was one of the states recognized by the Environmental Action Foundation as leading the way in the purchase of recycled paper. In presenting the top awards by the Solid Waste Alternative Project, the statement was made that, "Simply put, recycling programs across the country will fail if we can't find businesses and industries to buy the materials we are collecting through community and office recycling programs. To encourage this, half of all states, including Pennsylvania and Maryland, now require 10% post-consumer content in the recycled paper they buy." Though recycled paper costs slightly more than the government subsidized virgin paper (the government sells trees to the paper industry at less than the true cost), the question can well be asked, "Can we afford to buy anything but recycled paper?" What should be our answer at Broadmead?

- Lloyd Tyler

Library Notes

Recent additions, continued from March issue.

GENERAL

- Betjeman, John. John Betjeman's collected poems. 1958.
Bok, Bart Jan. The Milky Way. 1974.
Bronte, Emily Jane. The complete poems of Emily Bronte. 1951.
Chestnut Grove Presbyterian Church. The church in Chestnut Grove. 1992.
Cosby, Bill. Fatherhood. 1986.
Deneier, Mitchell. Slim's table: race, respectability and masculinity.
Dowdey, Clifford S. The great plantation: a profile of Berkeley Hundred and plantation Virginia from Jamestown to Appomattox. 1957.
Finch, Christopher. Norman Rockwell's America. 1976.
Heaps, Leo. Log of the Centurion ... Lord Anson's flagship during his circumnavigation 1740-44. 1974.
Huxtable, Ada Louise. Goodbye history; hello hamburger; an anthology of architectural delights and disasters. 1986.
James, Henry. English hours. 1981.

- Mencken, Henry L. A book of burlesques. 1928.
Muir, John. The mountains of California. 1971.
Myers, Bernard S. The German expressionists: a generation in revolt. 1957.
Roughead, William. Enjoyment of murder. 1938.
Time-Life Books. Photographing nature. 1975.
Ueland, Brenda. Strength to your sword arm; selected writings. 1993.

REFERENCE

- The Times. The Times atlas of world history. 1978.

BIOGRAPHY

- Aronson, Theo. Grandmama of Europe. 1973.
Hochschild, Adam. Half the way home. 1986.
Kreyling, Michael. Author and agent; Eudora Welty and Diarmuid Russell. 1991.
Sandburg, Carl. Abraham Lincoln the prairie years. 1926.
Abraham Lincoln, the war years. 1939.



When Catherine Palmer took this shot in late February, it was to have been captioned, "Winter's Last Gasp." NOT SO!!

MARCH 13th

BULLETIN BOARD

SATURDAY EVENING PROGRAMS

7:15 PM - Auditorium

April 3: "THE BONAPARTES OF

BALTIMORE." Mrs. W. Page Dame, Maryland Historical Society, will speak on the ill-fated romance of Baltimore-born Betsy Patterson, who was married to Jerome Bonaparte, the youngest brother of Napoleon. SLIDES.

April 17: "A PAINTING HOLIDAY IN GUATEMALA." Bill Banks of Broadmead will speak of his experiences at a water-color workshop and show SLIDES of the tropical beauty of this Central American country.

April 24: "EARTH - GREEN HOUSE OR HOT HOUSE?" Bart Houseman, retired Professor of Chemistry, Goucher College. Sponsored by the New Age Group.

May 1: "DEMOCRACY IN ATHENS 2500 YEARS AGO." Richard H. Howland, recently retired from the Smithsonian Institution and former Chairman of the History of Art Department, Johns Hopkins University.



"EDITH HAMILTON"

The New Age Group has engaged Mrs. Barbara Chase, Headmistress of Bryn Mawr School, to speak on Edith Hamilton, author of The Echo of Greece. Anyone wishing to hear her talk is invited to the Seminar Room on Monday, April 19, at 2:00 PM.

MUSIC IN THE LOUNGE

Sunday, April 4: SONJA INGLEFIELD,
Harpist

Sunday, April 11: QUARTET-Piano
and three string instruments

Thursday, April 15: LET'S SING

Sunday, April 18: AGO RADO, Inter-
nationally renowned pianist

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OPEN FORUM

Thursdays at 10:30 AM -Auditorium

April 1: OVERVIEW OF TAX POLICY FOR LIFETIME CARE FACILITIES -
Edythe J. Castle, Director of Continuing Care and Assisted Living, AAHA

April 8: HEALTH CARE REFORM -
Dr. Alice Tobler, Broadmead Resident

April 22: FEDERAL PROPOSALS FOR HEALTH CARE REFORM - Ruth Flower,
Friends Committee on National Legislation

ADVENTURES IN LEARNING

Wednesdays, 10:00 AM -Auditorium

April 7 & 21: MORALITY AND THE MUSE. The series continues. There is room for a few more participants. Call Dotty Clapp if interested.

MOVIES

Tuesdays, 7:00 PM - Auditorium

April 6: OF MICE AND MEN. A new adaptation of John Steinbeck's classic, it tells a tale of Depression times and the ordeals of slow-witted Lennie and his friend George.

April 13: BEAUTY AND THE BEAST. This is the only animated film ever to be nominated for an Academy Award. A classic fairy tale, its cast includes, in addition to the Beast, a lovestruck candelabra, a pompous clock and a kindly teapot -- all enchanted and enchanting.

April 20 & 27: GONE WITH THE WIND, Parts I & II. Praised by many as the best movie of all time. Based on Margaret Mitchell's story of passion and adventure during the Civil War and Reconstruction, its magnificent photography and galaxy of stars make it well worth seeing again and again. Clark Gable and Vivian Leigh head the cast.



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